

# Patients as Partners in their Own Care

## Expanded Role:

- Be a full member of the team: your perspective and experience are important – share them
- Ultimate manager of chronic conditions – active participation in making decisions and sharing information is critical to success
- Ask questions, seek out information, be involved in decisions about your treatment
- Identify what you will do to promote and improve your own health
- Share with other care team members what support or resources you will need to be an effective member of the team